**CHAPTER 4**

*He warns him against heretics, and exhorts him to the exercise of piety.*

**1** Now the Spirit manifestly saith, that in the last times some shall depart from the faith, giving heed to spirits of error, and doctrines of devils,

**2** Speaking lies in hypocrisy, and having their conscience seared,

**3** Forbidding to marry, to abstain from meats, which God hath created to be received with thanksgiving by the faithful, and by them that have known the truth.

**4** For every creature of God is good, and nothing to be rejected that is received with thanksgiving:

**5** For it is sanctified by the word of God and prayer.

**6** These things proposing to the brethren, thou shalt be a good minister of Christ Jesus, nourished up in the words of faith, and of the good doctrine which thou hast attained unto.

**7** But avoid foolish and old wives’ fables: and exercise thyself unto godliness.

**8** For bodily exercise is profitable to little: but godliness is profitable to all things, having promise of the life that now is, and of that which is to come.

**9** A faithful saying and worthy of all acceptation.

**10** For therefore we labour and are reviled, because we hope in the living God, who is the Saviour of all men, especially of the faithful.

**11** These things command and teach.

**12** Let no man despise thy youth: but be thou an example of the faithful in word, in conversation, in charity, in faith, in chastity.

**13** Till I come, attend unto reading, to exhortation, and to doctrine.

**14** Neglect not the grace that is in thee, which was given thee by prophecy, with imposition of the hands of the priesthood.

**15** Meditate upon these things, be wholly in these things: that thy profiting may be manifest to all.

**16** Take heed to thyself and to doctrine: be earnest in them. For in doing this thou shalt both save thyself and them that hear thee.